



StrechCordz® with Paddles S101

DRYLAND RESISTANCE TRAINING GEAR

StrechCordz® dryland resistance training equipment is ENGINEERED for comfort and quality to conveniently assist swimmers of all ages for competitive swim training.

5 RESISTANCE CORD LEVELS

Designed for all ages and ability levels.

SAFETY CORD TUBING

Minimizes over-stretching, providing safety and security to overcome physical and mental barriers.

CHALLENGE DIFFERENT MUSCLE GROUPS

Improve core strength & build bone and muscle mass.



Stationary Swim Trainer S121



MADE IN THE USA

STAY IN TOUCH

412 Commerce St. Tallmadge, OH, 44278
Phone: 330.634.0271 or 800.886.6621



NZCordz.com



Long Belt Slider S11875

IN-WATER RESISTANCE TRAINING GEAR

StrechCordz® in-water ENGINEERED resistance cords and bands are USED for Competitive Swim Training, Quicker Acceleration, Increased Stamina & Speed, and Improved Flexibility.

TRAIN LIKE THE OLYMPIANS DO

Used by competitive as well as novice swimmers worldwide

MADE IN THE USA

Made from the highest quality materials for over 35 years.

VERSATILITY

Combine products for dryland and in-water circuit training



Safety Cord Short Belt S600



Kick Trainer S123



Strechcordz® with Leg Straps S102



StrechCordz® with Handles S100

Best Seller
Long Belt Slider S11875



STRETCH YOUR LIMITS THROUGH RESISTANCE

with the ORIGINAL wet and dry swim
training resistance tools.

Best Seller
StrechCordz®
with Paddles
S101



Knee Elastic S1225



Drag Belt/Tow Tether S109



Breaststroke Machine S108



Stretch & Mobility Strap S400